Dhammakāyānussati Gāthā

(Recollection of the Dhamma Body Verse)

Namo Tassa Bhagavato Arahato Sammā-Sambuddhassa |

Namo Tassa Bhagavato Arahato Sammā-Sambuddhassa |

Namo Tassa Bhagavato Arahato Sammā-Sambuddhassa ||

Homage to the Blessed One, the Worthy One, the Rightly Self-Awakened One.
(Repeated three times.)

Dhammakāya Buddhalakkhaṇaṃ |
The true body - which consists of the characteristics of the Buddhas.

Sabbaññutāñāṇa-pavarasīsaṃ |
Having the wisdom of Omniscience at the Noble Head.

Nibbānārammaṇa-pavaravilasitakesaṃ |
Having the achievement of liberation from sense-objects; with Noble Shining Hair.

Catutthajhāna-pavaralalāṭaṃ |
Having achieved the Fourth Meditative state; with a Noble Forehead.

Vajirasamāpattiñāṇa-pavara-uṇṇābhāsāṃ |
Attainment of Adamantine Wisdom; with a Noble Radiance of the Unalome.

Nīlakasina-Sobhātikkantaṃ-pavarabhamuyugalaṃ |
Having obtained meditation on the blue colour, overcoming with radiance; these Noble Eyebrows are beyond worldly.

Dibbacakkhu-Paññācakkhu-Samantacakkhu-Buddhacakkhu-Dhammacakkhu-Pavaracakkhudvayaṃ |
Imbued with Divine Eyes, Eyes of Wisdom, All-Seeing Eyes, The Enlightened Eyes, and Eyes of the Dhamma, these are a Noble pair of Eyes.

Dibbasotañāṇa-pavarasotadvayaṃ |
Wisdom of Divine Hearing; These are a Noble pair of Ears.

Gotrabhūñāṇa-Utuṅgapavarakhaṇaṃ |
Wisdom of the one who is in a fit state to receive sanctification; A Noble Sublime Nose.

Maggaphala-vimuttiñāṇa-phalapavaragaṇḍadvayaṃ |
Wisdom of the fruit of the Noble Path, and fruit of liberating Truth; These are a Noble pair of Cheeks.

Sattatiṃsā-pavarabodhipakkhiyañāṇa-Subhadantā |
Wisdom of the Thirty Seven Noble Factors of Enlightenment; These are the Auspicious Teeth.

Lokiya-Lokuttarañāṇa-pavara-oṭṭha-dvayaṃ |
Wisdom of the Mundane, and the Super-Mundane; These are a Noble pair of Lips.

Catumaggañāṇa-pavaracatudāṭhā |
Wisdom of the Four Paths; These are the Four Noble Canines.

Catusaccañāṇa-pavarajivhā |
Wisdom of the Four Truths; This is the Noble Tongue.

Appaṭihatañāṇa-pavarahanukaṃ |
Having unobstructed wisdom; This is the Noble Jaw.

Anuttaravimokkhādhigamanañāṇa-pavarakaṇṭhaṃ |
Having Wisdom of unsurpassed deliverance, and attainment of Arahantship; This is the Noble Nape of the Neck.

Tilakkhaṇañāṇa-pavaravilasitagīvavirājitaṃ |
Wisdom of the Three Characteristics; This is a Noble Splendid, and Shining Neck.

Catuvesārajjañāṇa-pavarabāhudvayaṃ |
Wisdom on the Four Perfect Confidences of the Self; These are the Noble pair of Arms.

Dasānussatiñāṇa-pavaravaṭṭāṅgulisobhā |
Wisdom of the Ten Recollections; These are the Noble and Beautiful Round Fingers.

Sattabojjhaṅga-pavarapīṇa-uratthalaṃ |
The Seven Factors of Enlightenment; having a Noble Fat Chest.

Āsayānusayañāṇa-pavarathanayugalaṃ |
Wisdom of the proclivity of Abodes; having Noble Breast.

Dasabalañāṇa-pavaramajjhimaṅgaṃ |
Wisdom of the Ten Powers; having a Noble Middle Limb (Abdomen).

Paṭiccasamuppādañāṇa-pavaranābhī |
Wisdom of Dependent Origination; having a Noble Navel.

Pañca-indriya-pañca-bala-pavarajaghanaṃ |
Five Faculties, Five Powers; having Noble Buttocks.

Catusammappadhāna-pavara-ūrudvayaṃ |
Four Right Exertions; These are the Noble pair of Thighs.

Dasakusalakammapatha-pavarajaṅghadvayaṃ |
Ten Ways of Virtuous Actions; These are the Noble pair of Calfs.

Caturiddhipāda-pavarapādadvayaṃ |
Four Constituents of Psychic Powers; These are the Noble pair of Feet.

Sīlasamādhipaññāṇa-pavarasaṃghāti |
Wisdom of Conduct, Concentration, and Knowledge; These constitute a Noble Outer Robe.

Hirottappa-pavarapaṃsukulapaṭicchatacīvaraṃ |
Moral Shame, and Moral Fear of Misconduct; These are received as the Noble Robes of Discarded Clothe.

Aṭṭhaṅgikamaggañāṇa-pavara-antaravāsakaṃ |
Wisdom of the Noble Eightfold Path; These constitute a Noble Inner Robe.

Catusatipaṭṭhāna-pavarakāyapandhanaṃ |
Setting Forth the Four Recollections; This is the Noble Girdle of the Body.

Aññesaṃ Devamanussānaṃ Buddho Ativirocati |
Imbued with Perfect Knowledge than that of Divine Beings and Men, The Buddha is the most Brilliant of them all.

Yasa Dhammuttamaṅgādiñāṇaṃ |
This Glory of Truth begins as Wisdom from one's head.

Sabbaññutādikaṃ Dhammakāyamataṃ |
The Omniscient one, the Dhamma Body, and so on, is to be understood.

Buddhaṃ Nametaṃ Lokanāyakaṃ ||
I praise the Buddhas; Masters of the Worlds! ||

Imaṃ Dhammakāyabuddhalakkhanaṃ Yogāvacarakulaputtena |
This is the Dhammakāya, and Characteristics of the Buddhas, by which, the family of the Yogāvacara, and its children,

Tikkhañāṇena Sabbaññūbuddhabhāvaṃ |
Having Sharp Wisdom, in likewise of that of a all-knowing Buddha,

Patthentena Punapunnaṃ Anussaritabbaṃ ||
Should aspire this again, and again, in which this is fit to be remembered! ||